



Runny nose, sneezing, watery eyes? Yikes, it's allergy season.

LiveHealth Online Allergy connects you with a doctor in minutes to feel better, faster.

While there's no cure for allergies, there are things you can do to relieve the symptoms.¹ Learn your triggers because while you may think that the cause is pollen, it could be other things.

See an allergy specialist in minutes with LiveHealth Online Allergy

Go to livehealthonline.com or use the mobile app and have a video chat with board-certified doctors from a tablet, smartphone or computer with a web cam. Doctors can assess your condition, give you a treatment plan and even send a prescription to your pharmacy, if needed.²

LiveHealth Online Allergy is covered by your Anthem health plan.

Use LiveHealth Online when you have:

- Allergy symptoms like red itchy eyes, sneezing, a runny nose
- A sore throat, a sinus infection, fever, a cough, a cold and more

You can see a doctor from anywhere at any time when you download the free LiveHealth Online app.

According to the Centers for Disease Control and Prevention, seasonal allergies are a leading cause of chronic illness in the U.S., with a reported 50 million Americans suffering every year.³

See a Spanish-speaking doctor with
Cuidado Médico on LiveHealth Online

¹ WebMD website: *How to Handle Your Spring Allergies* (accessed April 2018); webmd.

² Prescription availability is defined by physician judgment.

³ The Cut website: *Everything You Need to Know About Seasonal Allergies* (Accessed May 2018); thecut.com.



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